



# Jewish Weddings: A Beautiful Guide to Creating the Wedding of Your Dreams

*Rita Milos Brownstein*

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**Jewish Weddings: A Beautiful Guide to Creating the Wedding of Your Dreams** Rita Milos Brownstein  
There is nothing more daunting to a newly engaged couple than planning their wedding. For Jewish couples, balancing religious and aesthetic needs can be especially tricky. Rita Milos Brownstein provides inspiration and practical advice in *Jewish Weddings*, a lavishly illustrated guide to creating a wedding that both honors Jewish culture, ritual, and tradition and reflects the lives and personalities of the bride and groom.

Beginning with a brief history of the Jewish wedding (including wonderful stories of *barshert*, couples whose love was clearly meant to be), Brownstein guides the bride and groom through the pleasures of the engagement party and Jewish bridal shower to choosing a *ketubah* (marriage contract), wedding ring, and invitations. She describes traditional Jewish customs and rituals, then suggests ways to personalize the *chuppah*, or wedding canopy; music; wedding programs; and even the chairs. Brownstein includes the joyous times after the wedding and gives the new couple tips on how to create a Jewish home and original ideas for thank-you notes.

Of course, Brownstein doesn't forget about food, with menu suggestions for an engagement party and a bridal shower tea party, as well as for the wedding reception and *Sheva Brachas*, the traditional week of festive meals following the wedding. Delicious, mouth-watering recipes for Salmon Roll with Dill Sauce, Green Bean Bundles, Potato and Leek Soup, and Poached Pears will please even the most finicky couple. Brownstein supplies tips on how to keep a kosher kitchen as well.

The book also offers glimpses of seven real-life Jewish weddings. From a jubilant outdoor celebration in San Diego, California; a dazzling New York City affair; a classic Hasidic wedding in Hartford, Connecticut; to an elegant affair in Palm Beach, Florida, these stories will inspire any bride and groom in planning their own wedding, no matter where they live.

Illustrated with more than 200 gorgeous color and black-and-white photographs, *Jewish Weddings* is an indispensable book for any Jewish couple.

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