

# Psychosis and Schizophrenia in Children and Young People: The NICE Guideline on Recognition and Management (National Clinic Guideline)

National Collaborating Centre for Mental Health (section of the Royal College of Psychiatrists)

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here is a worse prognosis for psychosis and schizophrenia when onset is in childhood or adolescence and one-third of children and young people who have these, go on to experience severe impairment as a result. This puts much-needed emphasis on early recognition and assessment of possible psychotic symptoms. Offers comprehensive advice: from assessment and treatment of the first episode, through to promoting recovery.

Reviews the evidence across the care pathway, encompassing access to and delivery of services, experience of care, recognition and management of at-risk mental states, psychological and pharmacological interventions, plus improving cognition and enhancing engagement with education and employment. Commissioned by the National Institute for Health and Clinical Excellence (NICE).

The CD-ROM contains all of the evidence on which the recommendations are based, presented as profile tables (that analyze quality of data) and forest plots (plus, info on using/interpreting forest plots). This material is not available in print anywhere else.

# Readership

Primarily, healthcare professionals in child and adolescent mental health services (CAMHS), and secondarily, healthcare professionals in primary care.

# Related titles

RCPsych Publications have co-published all other titles in this series, recent guides include: Self-Harm (ISBN 978 1 908020 41 3) and Common Mental Health Disorders (ISBN 978 1 908020 31 4).

RCPsych Publications is the publishing arm of the Royal College of Psychiatrists (based in London, United Kingdom), which has been promoting excellence in mental health care since 1841. Produced by the same editorial team who publish *The British Journal of Psychiatry*, they sell books for both psychiatrists and other mental health professionals; and also many written for the general public. Their popular series include the *College Seminars Series* and the NICE mental health guidelines.

RCPsych publishes in all areas of psychiatry and mental health, including but not limited to: Clinical psychiatric practice Intellectual disability Mental health services for children, adolescents, adults and the elderly Psychopharmacology Psychotherapy Rehabilitation psychiatry Family mental health Service provision RCPsych Publications books can help with the following disorders: Addictions Affective disorders Attention deficit hyperactivity disorder (ADHD) Bereavement Borderline personality disorder Cognitive-behavioral therapy (CBT) Dementia Depression Eating disorders Perinatal psychiatric disorder Post-traumatic stress disorder (PTSD) Psychosis Schizophrenia Sleep problems

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