



Behavioral Guide to Personality Disorders (DSM-

5)

Douglas H. Ruben

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Behavioral Guide to Personality Disorders is the first behaviorally-based reference guide on Personality Disorders and their applicability in vocational, therapeutic, and other rehabilitation service agencies. Chapters cover each personality disorder from a learning theory perspective; the 'Do's and Don'ts' on how to manage personality types in service delivery systems (called 'personality management'); and predictors of each personality disorder for vocational, therapeutic, and rehabilitation outcomes. The objective of the book is simply to provide practical and ready-to-use clinical information for practitioners and advanced students facing the high demand for triage and treatment decisions. It helps the paraprofessional and professional measurably identify individual behavior problems in clients and consumers, and predict their trajectory of outcome success or failure under certain circumstances or when provided a litany of rehabilitation services. The text also culls from evidence-based research and application to ensure the viability and acceptability of the analysis. For simplicity of reading and rapid reading comprehension, the design of this book is called a PowerPoint book. It allows for self-paced learning with PowerPoint (graphic-visual) reminders embedded in the text with study questions listed afterwards. Like some predecessors, this guide offers a return to the behavioral framework to understand the intricacies of psychopathology. It explains the behavioral underpinnings of each personality disorder, both to debunk mythical reasons or reifications distorting the etiologies, and to advance a more respectful scientific outlook on personality disorders. With this resource, professionals in the allied health fields can more confidently predict the outcome success or failure of individuals with personality disorders, who receive mental health treatment, vocational rehabilitation, or other allied health services.



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