

Dalai Lama: 99 Life Lessons, Inspiration and Motivational Quotes From Dalai Lama (Dalai Lama, Fulfillment, Buddhism)

Adam Green



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99 Life Lessons, Inspiration and Motivational Quotes From Dalai Lama

Do you admire the man who is the Dalai Lama? Perhaps you want to know more about his life and what he teaches to those around him. The Dalai Lama is considered by many to be one of the wisest men in the world and this book sets out to show you exactly why. Take a moment to learn his wisdom and find out how you can best put it to use in everyday life.

Here is a preview of what you'll learn:

- A brief biography of the Dalai Lama,
- Some of the best quotes from the current Dalai Lama,
- What he teaches about compassion,
- What he teaches about kindness,
- Where he stands on technology,
- And much more.

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