

Dinner with Edward: A Story of an Unexpected Friendship

Isabel Vincent



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Dinner with Edward: A Story of an Unexpected Friendship Isabel Vincent "I loved every moment of this book . . . Everyone deserves their own Edward--and everyone deserves to read this book." —Susannah Cahalan, bestselling author of *Brain on Fire*

When Isabel meets Edward, both are at a crossroads: he wants to follow his late wife to the grave, and she is ready to give up on love. Thinking she is merely helping Edward's daughter--who lives far away and has asked her to check in on her nonagenarian dad in New York--Isabel has no idea that the man in the kitchen baking the sublime roast chicken and light-as-air apricot soufflé will end up changing her life.

As Edward and Isabel meet weekly for the glorious dinners that Edward prepares, he shares so much more than his recipes for apple galette or the perfect martini, or even his tips for deboning poultry. Edward is teaching Isabel the luxury of slowing down and taking the time to think through everything she does, to deconstruct her own life, cutting it back to the bone and examining the guts, no matter how messy that proves to be.

Dinner with Edward is a book about love and nourishment, and about how dinner with a friend can, in the words of M. F. K. Fisher, "sustain us against the hungers of the world."

"A rare, beautifully crafted memoir that leaves you exhilarated and wanting to live this way. Edward is a marvel of resilience and dignity, and Vincent shows us that the ceremony of food is really a metaphor for love. The key is to live your life generously." —**Rosemary Sullivan, author of** *Stalin's Daughter*

"Isabel Vincent delves deeply into matters of the kitchen and the heart with equal and unabashed passion . . . Rich with description of meals savored, losses grieved, and moments cherished, it's at once tender, revealing, and utterly enchanting!" —*Gail Simmons, judge on Bravo's *Top Chef* and author of *Talking with My Mouth Full*

"One of the most stylish and emotional works of nonfiction I have ever read. I savored every page." —**Bob** Colacello, author *Holy Terror: Andy Warhol Close Up*

"Although the food (I am partial to the roast chicken, lovingly described) is excellent, it is the charming and effortlessly wise company that makes this sweet read a charming way to pass a day." —George Hodgman, *New York Times* bestselling author of *Bettyville*

"Delightfully combining the warm-heartedness of *Tuesdays with Morrie* with the sensual splendor of *Julie and Julia*. This is a memoir to treasure." —*Booklist,* starred review

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