



# How To Become A Bodyguard And Make A Successful Career

*Martin Salter*

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## **How To Become A Bodyguard And Make A Successful Career** Martin Salter

A lot of people think that becoming a body guard would be a lot of fun. They believe that bodyguards lead exciting lives and that the job is one that anyone who is tough, strong or intimidating looking could do well at. The truth is that becoming a successful bodyguard requires more than martial arts skills and an imposing presence. The job of a bodyguard is one that includes a lot of research, planning and negotiation.

Bodyguards must be proficient in not just dealing with physical threats when they do occur, but also in preventing the threats from surfacing in the first place. This can sometimes mean trying to tactfully change the way that the client behaves. If a client really is in danger, then they will need to think carefully about where they go and who they spend time with. This is something that they might not appreciate.

It is difficult to change the behaviour of someone who has spent many years doing their own thing, but a good bodyguard can explain the reasons why this is important, and can act to improve the safety of a person at home, at work, and when they are travelling. Let's take a look at the responsibilities of a bodyguard, what techniques and strategies do bodyguards use in different situations, and how you can prepare yourself for the career in this challenging but very rewarding field. Are you up for the task?

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