



Positive Communication in Health and Wellness (Health Communication)

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Inspired by recent work in positive psychology, *Positive Communication in Health and Wellness* gives scholarly attention to what's going right in people's communication lives. The book harnesses a dispersed - but powerful - body of communication scholarship that has at its center a focus on building healthy communication contexts and generating wellness. By organizing and representing contemporary communication scholarship in the area of positive communication in health and wellness, the essays in this book will inspire collective action and further scholarship that highlights the potential for flourishing health, enhanced well-being, and greater human fulfillment through positive communication. This book will be useful in health communication courses as well as those in relational and organizational communication.

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