



The Dreamer and the Fantasy Relationship

Natalie Lue

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Most people, if asked, would deny that they'd ever had fantasy relationships, as they are associated with pretending to be with someone or in something that's nonexistent. However, it's time for you to change what you think you know.

In this modern age of texts, email, Facebook, online dating, and casual relationships, it's never been so easy to find yourself in a crumb-filled fantasy relationship. An increasing number of people are satisfied with sprinklings of attention and interaction which they use to give themselves the illusion of being loved, cared for, and in control because they get to avoid commitment, intimacy, and full-on rejection.

The Dreamer and the Fantasy Relationship is for every woman who's been caught short by her overactive imagination and her great expectations. Struggled to get over a relationship that didn't truly exist? Don't understand how you wound up spending years with someone you hardly saw? Keep letting your assumptions and projections run away with you?

It's time to come back down to earth and face reality so you can take action in your present, face your real future, and get happy.

Acting as a companion guide to *Mr Unavailable and the Fallback Girl*, the no-holds-barred Bible for understanding excuse-filled, commitment-dodging, unavailable men and the women that they fall back on for an ego stroke, shag, and a shoulder to lean on, I wanted to introduce a new role due to the sheer number of emails and comments I receive from women who actually believe that the crumbs they're receiving, particularly via cheap talk, grand promises, texts, email, and Facebook are relationships or love.

The Dreamer and the Fantasy Relationship explains how fantasy relationships work, why they're so attractive, and the types of fantasy relationship and Mr. Unavailable that you're likely to be involved with and provides practical tips and tools for breaking the habit and tackling issues such as rejection avoidance and fear of abandonment, criticism, and conflict.

Delivered with a no-fluff dose of reality and plenty of humour, I want to empower you to let go of the illusions so you can be available for an available relationship in the real world.

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