



The Wicca Cookbook, Second Edition: Recipes, Ritual, and Lore

Jamie Wood, Tara Seefeldt

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The spiritual tenets of Wicca are steeped in an inherent reverence for nature and stewardship of the environment. In fact, Wiccan practitioners have been living—and cooking—green since ancient times. In the decade since the first edition of the *The Wicca Cookbook* cast its spell over culinary history buffs and adventurous cooks everywhere, many readers have asked “What makes a cookbook Wiccan?” The tenth anniversary edition answers that question and more, bringing fresh dimensions to this heady witches’ brew with new rituals and delicious recipes.

More than 100 dishes, many historically authentic, all meticulously researched, emphasize the use of organic ingredients at their seasonal peak and celebrate all the major pagan holidays: enjoy **Stuffed Nasturtiums**, **Goddess Athena Pitas**, and **Deva Saffron Bread** for the Spring Equinox; serve **Elder Flower Chicken**, **Lilith’s Lily Fair Soup**, and **Wild Woman White Sage Jelly** during the Summer Solstice; and **Cupid’s Cold Slaw**, **Imbolc Moon Cookies**, and **Snowflake Cakes** make delightful Candlemas treats. Nature-honoring dishes, eco-friendly living tips, and an inclusive message of spirituality make *The Wicca Cookbook* a unique contribution to the culinary world and a magickal tribute to the pagan spirit.

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Gilbert Albright:

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