



Wired for Healing - Remapping the Brain to Recover from Chronic and Mysterious Illnesses

Annie Hopper

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Annie Hopper had exhausted the medical system and was still suffering from disabling symptoms of multiple chemical sensitivities, fibromyalgia and electric hypersensitivity syndrome. Hopper deduced that a toxic trauma had over-activated threat and protective mechanisms in her brain that were keeping her body stuck in a cycle of chronic illness and inflammation. In her ensuing search for healing, she created The Dynamic Neural Retraining System (DNRS) program - a drug-free, neuroplasticity-based approach to remap neural pathways in the limbic system. Since 2008, the program has helped countless people recover from many chronic conditions that have baffled the medical system for decades, such as Multiple Chemical Sensitivities, Fibromyalgia, Chronic Fatigue Syndrome, Chronic Pain, Food Sensitivities, Electric Hypersensitivity Syndrome, Post-Traumatic Stress Disorder, Depression and Anxiety, Irritable Bowel Syndrome, Postural Orthostatic Tachycardia Syndrome, Inflammatory Conditions and other Chronic Illnesses.

Wired for Healing; Remapping the Brain to Recover from Chronic and Mysterious Illnesses, is Hopper's account of the innovative science behind DNRS and sheds light on how trauma causes the brain to disorganize neural circuits. Hopper also shares her personal recovery story as well as triumphant stories of recovery from people who have been liberated from chronic and mysterious illnesses through remapping the brain.

The book is not a replacement for the Dynamic Neural Retraining System™ DVD program or the In-person program.

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