

# The Autism Spectrum Disorder Workbook for Teens

Robert Jason Grant



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This workbook is designed to assist professionals and parents in working with teens with autism spectrum disorder. There are several worksheet pages each covering a different topic related to gaining understating about autism. A how to use this book section offers professionals and parents information, instructions, and guidelines for implementing and processing through each worksheet page with the teen in their care. Professionals and parents will find The Autism Spectrum Disorder Workbook for Teens a valuable tool in helping teens with autism gain understanding while processing through their thoughts and emotions regarding having this complex diagnosis. Teens will enjoy the engaging format and feeling empowered to understand and accept their autism disorder.

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