



Structural Integration: The Journal of the Rolf Institute, July 2015

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Structural Integration: The Journal of the Rolf Institute® is the professional journal representing the field of Rolfing® Structural Integration. It has been in continuous publication for some forty years, initially as *The Bulletin of Structural Integration* and later as *Rolf Lines*.

Although Rolfing Structural Integration (SI) is primarily a form of manual therapy to reorganize body structure through the fascia, it has long been observed that Rolfing sessions can have an equally strong transformative impact on clients' minds and ways of being. In this issue of *Structural Integration: The Journal of the Rolf Institute*®, Volume 43 No. 2 (July 2015), we focus on the mind-body relationship. In thirteen articles, our authors discuss 'Mind' through the lenses of trauma, meaning structures, metaphor, language, attachment theory and the therapeutic relationship, and meditation and spirituality. Additional articles in the Perspectives section discuss biotensegrity, osteopathy, hip dysfunction, and Rolfing history.

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