



The Complete Guide to Preserving Meat, Fish & Game (Back to Basics Cooking) (Paperback) - Common

By (author) Ken Oster

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For over years humans have been preserving meat and fish through canning, curing, smoking, and freezing, use techniques that remove the moisture and make it possible to keep meat for much longer than its natural shelf life. However, improper preservation of meat leads to over 40% of all reported cases of food borne illness according to the Center for Disease Control, meaning it is necessary for ev...

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