



Authentic Italian Made Easy...Vegetables and Sides: For Busy People Who Want to Eat Well (Includes many Paleo-friendly recipes!)

Olivia Giordano

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Authentic Italian Made Easy...Vegetables and Sides: For Busy People Who Want to Eat Well (Includes many Paleo-friendly recipes!) Olivia Giordano
Vegetable Savvy!

Another wonderful edition in the *Authentic Italian Made Easy* cookbook series, *Vegetables and Sides* proves once again that eating healthy and delicious food does not have to be complicated.

These recipes are not the same-old-same-old, and for titles that may be familiar, the author's background, experience, knowledge of cooking and personal contributions to the recipe makes all the difference.

Whether you are experienced in the kitchen or are just beginning to learn how to cook, Olivia's friendly writing style and straightforward prep instructions make it easy for the reader to engage with her recipes and prepare good food in the tradition of authentic Italian peasant cuisine.

Authentic Italian Made Easy: Vegetables & Sides offers over 17 delicious side dish recipes including 10 that are *Paleo-friendly!*

Here just a few of the delicious vegetable sides you'll find inside:

- Ratatouille
- Amazing Cauliflower
- Baked Fennel
- Stuffed Artichokes
- Spinach Bread
- Ridiculously Easy Roasted Red Peppers & Onions
- ...and much more!

Scroll up to grab your copy today or select to 'Look Inside' to gain access to two FREE recipes not included in the book as a THANK YOU for exploring this title!

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Playing with family in the park, coming to see the sea world or hanging out with buddies is thing that usually you could have done when you have spare time, after that why you don't try thing that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Authentic Italian Made Easy...Vegetables and Sides: For Busy People Who Want to Eat Well (Includes many Paleo-friendly recipes!), you can enjoy both. It is fine combination right, you still need to miss it? What kind of hang-out type is it? Oh occur its mind hangout folks. What? Still don't obtain it, oh come on its named reading friends.

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