



Let's Talk About Pep

Sandy Denton

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Now in paperback from Sandy “Pepa” Denton—rap legend and outspoken star of VH1’s smash-hit reality show—the juicy tell-all in which she talks about sex, music, life, love, fame, and so much more....

The spiciest ingredient in the legendary rap group Salt-N-Pepa, fans know Sandy Denton as Pep, or Pepa, the fun-loving half of Salt-N-Pepa. But behind the laughs and the smiles is a whole lot of pain, and for the first time, in *Let's talk About Pep*, she candidly talks about her troubled childhood, surviving abuse, her first encounters with Cheryl “Salt” James, instant success, her failed marriages and escape from domestic abuse, and her triumphant comeback on reality shows like *The Surreal Life* and *The Salt-N-Pepa Show* .

Filled with surprising insights, outrageous anecdotes, and celebrity cameos—including Queen Latifah, Martin Lawrence, Janice Dickinson, Missy Elliott, L.L. Cool J, Ron Jeremy, Lisa “Left Eye” Lopez, and many others—*Let's Talk About Pep* offers a fascinating glimpse behind the fame, family, failures, and success...and into the faithful heart of a woman who will always treasure the good friends she found along the way.

Every bit as captivating and provocative as her Grammy Award-winning music, this story reveals the real Pepa—upfront, uncensored, unstoppable—a true pioneer, survivor, and inspiration to women everywhere.

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