



Chronic Pain Management

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This book introduces the reader to the complexities and management of chronic/persistent pain. Chronic pain affects one in seven in the UK population and can be experienced as a symptom of disease or trauma but can also exist without the presence of either of these. This is aimed at non-specialist working in all areas of health care who want to know more about this complex problem.

This book begins by exploring models of care and introduces the reader to the biopsychosocial model before going on to explain the physiology of pain. Further chapters explore the sufferer's experience, the appraisal of pain, and barriers to effective pain management and treatment strategies.

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