



Bad Apples: How to Feel Good Even When Rotten Things Happen

Dr. Lisa L. Hartwell

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From birth to death, the way you think, the choices you make, how you interact with others, how you mature sexually and how you develop faith are all placed on a continuum with each person developing internally and based on their environment. Dr. Hartwell has a clear, eloquent way to break down complex development into a relatable approach of an apple metaphor, that gets quick results with ease and fun. Both individuals and groups suddenly develop awareness how their individual development impacts those around them, both on small and a large scale. You can feel confident engaging Dr. Hartwell to guide you and your organization to solutions that solve immediate problems. Over the years, her experience has been honored with remarkable and notable accolades, including her Doctorate in Clinical Psychology, predicated by her nursing and business degrees. Her book, “Bad Apples: How to Feel Good Even Though Rotten Things Happen” is talked about as the most “relatable roadmap to personal, professional, and organizational development”. She has delighted individuals and audiences of every size with her insights and inspiration and straight-talk about tough subjects that make most blush. Her perspectives have been featured in radio, print, and online references that demonstrate the impact she is making on a larger audience.

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