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Three great favorites from *Good Housekeeping* are now collected here in one must-have volume—at an amazing price! With these mouthwatering, good-for-you recipes—from Sweet Potato and Peanut Stew to Lemon-Anise Poached Pears—you'll please your palate and eat healthfully, too. Enjoy vegetarian and whole-grain dishes as well as low-calorie meals that won't leave you hungry. Thanks to triple-tested-for-perfection recipes plus invaluable tips throughout, this cookbook makes eating well simple and satisfying.

This fabulous hardcover includes three titles in one great package: *Good Housekeeping Vegetarian Meals*, *Good Housekeeping Grains!*, and *Good Housekeeping Light & Healthy*.

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