

Paths to Recovery for Gay and Bisexual Drug Addicts: Healing Weary Hearts

Paul Schulte

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Paths to Recovery for Gay and Bisexual Drug Addicts: Healing Weary Hearts reflects and provides practical advice on the problems that confront counselors, friends, and family members in their efforts to help gay or bisexual men with drug and alcohol addiction. Paul Schulte explores the different medical, psychological, psychiatric, and spiritual issues that contribute to both addiction and treatment. His advice and programs for recovering addicts addresses a range of issues from health problems to the gay self-image, in particular dealing with shame and the all too frequent issue of adolescent sexual abuse. Schulte offers fresh, concise advice and programs for recovery providing hope for a population which is three times more likely to have issues with drugs and alcohol than the general population.



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