



Black Girls Guide: How to Transition to Naturally Beautiful Hair: How to Transition to Naturally Beautiful Hair

Angela D. Coleman

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Black Girls Guide: How to Transition to Naturally Beautiful Hair is the third book in the Black Girls Guide book series. Look around: natural hair for women is clearly the future of Black hair! Author Angela D. Coleman has worn her hair naturally for over 20 years, studied the science of hair with certification from the North Carolina Board of Natural Hair Care & Holistic Science, and worked as a loctician in her natural hair studio, AHead of the Crowd. With advice from natural hair visionaries Taliah Waajid (founder of the World Natural Hair, Health & Beauty Show) and Maria Thompson (owner of Twist & Curves), Angela writes about the current global natural hair movement, hair history, strategies to transition, natural hair care guidelines, tips for selecting the best products for natural hair, the best ways to use natural hair social media, hairstyles that promote growth, and the future of natural hair. Whether you are thinking about transitioning from chemically treated hair to natural hair, wearing your hair naturally and looking for something fresh and new, or want to learn more about this global hair movement, Black Girls Guide: How to Transition to Naturally Beautiful Hair is a must-have in your print or digital library.

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