



# Babygate: How to Survive Pregnancy and Parenting in the Workplace

*Dina Bakst, Phoebe Taubman, Elizabeth Gedmark*

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Moms-to-be get tons of advice on strollers, sleep training, and post-baby workouts. What they don't get is straight talk about navigating the workplace during pregnancy and new parenthood - factors that put many women's jobs in jeopardy. That's why *Babygate* is essential: the first and only guide to supply parents with the tools they need to keep their jobs.

*Babygate* breaks down the laws on topics across the parenthood spectrum in clear, conversational language, and includes a state-by-state guide so readers know exactly how they're protected (or not) in their hometowns. Best of all, *Babygate* includes a road map for confronting family-responsibilities discrimination, and a concrete plan for creating a more family-friendly nation.

In *Babygate*, three legal experts share practical tips, real-life stories from moms and dads, and key legal information to spotlight the protections expecting and new parents have (and don't have) in the workplace. This step-by-step guide covers everything from morning sickness to maternity leave to confronting discrimination on the job. Includes quizzes, charts, checklists, sample letters to employers, and a comprehensive breakdown of individual state laws on pregnancy, parenthood, and the workplace.

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