



Think your Life into Action

Brenda Basham Dothage

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There is a vast amount of literature available on the power of the mind and the power of positive thinking. However there is a gap in the literature on the necessity of a positive self-image in order to benefit from the power of the mind. This book fills the gap! It combines all of the necessary components for you to increase and maintain a positive self-image so that you can positively utilize the power of your mind". Self-image is Brenda's area of specialization. She has taught numerous classes to organizations and individuals on the subject of self-image. She has conducted extensive research on the topic as the primary focus of her doctorate work is self-image. She teaches the importance of self-image within the course of her counseling and coaching sessions. The results have been remarkable. "These methods are proven to be extremely effective and will produce positive life-changing outcomes".

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