



# **Attention Deficit Disorder Sourcebook: Basic Consumer Health Information About Attention Deficit/Hyperactivity Disorder in Children and Adults (Health Reference Series)**

*Dawn D. Matthews*

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# Attention Deficit Disorder Sourcebook: Basic Consumer Health Information About Attention Deficit/Hyperactivity Disorder in Children and Adults (Health Reference Series)

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Approximately 3 to 5 percent of school age children are diagnosed with Attention Deficit/Hyperactivity Disorder. It is a very complex condition and the symptoms may differ between one person with AD/HD to another. The symptoms usually appear before age six and may get worse over time. AD/HD affects every part of a child's life, and the associated problems can lead to a lonely and misunderstood child. There is no cure for AD/HD, but there are ways you can relieve the symptoms.

This Sourcebook contains helpful information about the symptoms, diagnosis, and causes of Attention Deficit/Hyperactivity Disorder. It discusses the different types of AD/HD and the available treatments including behavior therapy, parent training, AD/HD coaching, and medications. In addition, it offers a glossary of related terms, information on legal issues, and a list of resources for further help and information.

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