



Functional Analytic Psychotherapy: Creating Intense and Curative Therapeutic Relationships

Robert J. Kohlenberg, Mavis Tsai

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Now in paperback, this classic book offers a powerful framework for clinicians seeking to rethink their approach to the therapeutic relationship. It begins with the theory behind Functional Analytic Psychotherapy (FAP), explaining why clients' unique needs may extend beyond well-mapped routes to change. From there, the authors present the clinical principles of FAP and their uses in treating diffuse, resistant problems.

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