



# **Falling into the Rhythm of Life: Life Lessons Straight from the Horse's Mouth**

*Sharon Campbell-Rayment*

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Transform Your Life and Create Harmony from Within!

Imagine falling from a horse and waking up a week later...unable to speak. That's exactly what happened to Sharon Campbell-Rayment. When she finally regained her ability to talk, she spoke with an accent from a part of the world she had never even visited!

This made Sharon one of only 60 documented cases of Foreign Accent Syndrome. Soon she was declared completely disabled and diagnosed with an acquired brain injury. However, Sharon was not about to accept this fate.

*Falling into the Rhythm of Life* shares her remarkable story of healing, while revealing life-changing strategies she used to overcome despair and find a powerful new life purpose.

Beginning with a moving foreword by New York Times bestselling author Peggy McColl, this life-enhancing book teaches guiding principles that empower you to...

- Overcome obstacles that are eroding your self-esteem
- Gain newfound inner strength, confidence and awareness
- Navigate emotionally difficult situations with dignity
- Recognize significance and meaning in every action you take

You'll also learn Sharon's four key B.E.S.T. principles that enable you to flow through challenges each day with grace and ease.

“The only thing as amazing as Sharon Campbell-Rayment's inspiring story is the incredible lessons and

principles she shares in, *Falling into the Rhythm of Life*

. If you've ever suffered a setback and have struggled to get through it and if you are finally ready to claim victory, this is the book you absolutely must read!"

Steve Lowell, CSP

International Professional Speaker, Mentor to Professional Speakers Worldwide

Sharon Campbell-Rayment holds a Bachelor of Science degree in Nursing, a Master's degree in Divinity, and she is Founder of the Creating Harmony Within Ranch. Sharon speaks internationally and has helped hundreds of people overcome trying challenges in their lives. She is also author of the book, *Creating Harmony Within*, and international bestselling co-author of the book, *Unwavering Strength*.

Visit [www.creatingharmonywithin.com](http://www.creatingharmonywithin.com)

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#### **Lien Fugate:**

Spent a free time to be fun activity to accomplish! A lot of people spent their leisure time with their family, or all their friends. Usually they undertaking activity like watching television, gonna beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could possibly be reading a book is usually option to fill your free time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to consider look for book, may be the book untitled Falling into the Rhythm of Life: Life Lessons Straight from the Horse's Mouth can be very good book to read. May be it can be best activity to you.

#### **Emilie Lechner:**

Playing with family inside a park, coming to see the marine world or hanging out with buddies is thing that usually you may have done when you have spare time, and then why you don't try matter that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Falling into the Rhythm of

Life: Life Lessons Straight from the Horse's Mouth, you can enjoy both. It is excellent combination right, you still need to miss it? What kind of hang-out type is it? Oh can occur its mind hangout people. What? Still don't obtain it, oh come on its referred to as reading friends.

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