



[(Psychotherapy with Older Adults)] [Author: Bob G. Knight] published on (April, 2004)

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Praise for the First Edition 'Bob G Knight not only provides an avenue for therapists to get up-to-date in this field, but he even considers the future...This book is indeed a major contribution to the developing trend that psychotherapists who work with older adults need to become competent as geropsychotherapists!' - Contemporary Psychology Now in a Third Edition, Bob G Knight's best-selling book continues to offer students and professionals a thorough overview of psychotherapy with older adults. Using the contextual, cohort-based, maturity, specific challenge (CCMSC) model, it draws upon findings from scientific gerontology and life-span developmental psychology to describe how psychotherapy needs to be adapted for work with older adults and when it is similar to therapeutic work with younger adults. Sensitively linking both research and experience, the author provides a practical account of the knowledge, technique, and skills necessary to work with older adults in a therapeutic relationship. This volume considers the essentials of gerontology as well as the nature of therapy in depth, focusing on special content areas and common themes.

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