



Subtle Wisdom: Understanding Suffering, Cultivating Compassion Through Ch'an Buddhism

Sheng-yen

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Master Sheng-yen, a dharma descendant from the founders of Buddhism in China, considers the concepts of suffering, enlightenment, and compassion; provides a glossary of key terms; and briefly recaps the history of Buddhism in China. But he goes beyond these issues to discuss contemporary matters and questions he has encountered in his years of teaching in the United States. Sometimes personal and always instructive, Sheng-yen's introductory work is perfect for those just coming to Buddhism, and for those who are already very familiar with the Tibetan and Zen schools.

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