



## Work-Life Balance in the 21st Century (Future of Work)


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As we begin the twenty-first century, UK employees work the longest hours in Europe. Workplace stress and home responsibilities are among the top five causes of absence from work. Yet work-life balance has emerged as a key concern for employers, policy makers and the media. This edited volume contains findings from 14 research projects within the ESRC's Future of Work Programme. The research examines the notion of employment flexibility and the effects of gender and care responsibilities on work and work performance. Conflicting needs of employers and employees and the gender divisions in work and family life call into question the feasibility of achieving the Government's aim of work-life balance for everyone.

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